



EUROPEAN PSYCHIATRIC ASSOCIATION



EPA SUICIDOLOGY AND SUICIDE PREVENTION SECTION REPORT 2025

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LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 29/01/2024
Venue: Virtual Elections

ACTIVITIES OF THE SECTION IN 2025:

Meetings/events

Section Business Meeting

Description:

Agenda:

- Welcome and Introductions
- Updates on the Section activities
- AoB

Location: 33rd European Congress of Psychiatry - Madrid, Spain

Start date: 08/04/2025

End date: 08/04/2025

Digital phenotype to guide clinical interventions for suicide treatment (Section Symposium)

Description:

Chairs: Philippe Courtet (France), Enrique Baca-Garcia (Spain)

Presentations:

- Maria Oquendo (United States)- Digital phenotyping of stress responsive suicidal ideation in healthy individuals: an opportunity for prevention
- Philippe Courtet (France) - Phenotyping suicidal behaviour: what could we learn from digital and experimental studies
- Maria Luisa Barrigon Estevez (Spain) - Ecological Momentary Intervention to prevent suicide reattempts
- Enrique Baca-Garcia (Spain) - Integrating the digital and face-to-face environments to prevent suicide

Location: 33rd European Congress of Psychiatry - Madrid, Spain

Start date: 06/04/2025

End date: 06/04/2025



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33rd European Congress of Psychiatry

Description:

Section's members actively contributed to the scientific programme of the 33rd European Congress of Psychiatry (see attached list of activities).

Location: Madrid, Spain

Start date: 05/04/2025

End date: 08/04/2025

Ask the Experts - Assisted suicide and mental illness Description:

Ask the Experts - Assisted suicide and mental illness

Carla Gramaglia (Italy), councillor of the Section, leaded this session during the 33rd European Congress of Psychiatry.

Location: 33rd European Congress of Psychiatry - Madrid, Spain

Start date: 06/04/2025

End date: 06/04/2025

Webinar - Assessment and Management of Suicidal Crisis in Emergency Settings

Description:

On the occasion of World Suicide Prevention Day (10 September 2025), the EPA Section on Suicidology, the French Congress of Psychiatry, and the Spanish Society of Psychiatry and Mental Health will jointly hosted a webinar entitled "Assessment and Management of Suicidal Crisis in Emergency Settings".

The webinar was attend by more than 150 participants.

Location: Online meeting

Start date: 10/09/2025

End date: 10/09/2025

Other Section activities

Description:

EPA Ambassadors Survey 2025 - Suicidal behaviours



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The EPA's Ambassadors Programme aims to build a Europe-wide database on mental health practices and perspectives across disciplines, using surveys on key issues directed at mental health professionals. The sixth edition of the survey focused on suicidal behaviour.

The survey followed up on the Section's Delphi study on the assessment and management of individuals in suicidal crisis and the publication of consensus guidelines in the Spanish Journal of Psychiatry and MentalHealth.

Event Start date: 01/01/2025

Event End date: 31/12/2025

FUTURE ACTIVITIES:

Meetings/events

Self-destructiveness and suicidality in eating disorders

Description:

Chair: Giovanni Castellini (Italy), Philippe Courtet (France)

Presentations:

- Laura Di Lodovico (France) – Clinical, cognitive and psychopathological markers of suicide attempts in eating disorders.
- Giovanni Castellini (Italy) – Early traumatic experiences, emotion dysregulation and self injuries in eating disorders: a candidate echophenotype.
- Carla Gramaglia (Italy) – The unbearable heaviness of Being. The Interpersonal Theory of Suicide in the understanding of Eating Disorders.
- Philippe Courtet (France) – Eating disorders are psychiatric illnesses heavily burdened by death risk

Location: 34th European Congress of Psychiatry – Prague, Czech Republic

Start date: 03/03/2026

End date: 03/03/2026

Publications

The European Psychiatric Association (EPA) Section of Suicidology and Suicide Prevention

Journal:



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Oxford Textbook of Suicidology and Suicide Prevention (2 edn)

Authors:

Philippe Courtet, Aisté Lengvenyté, Marco Sarchiapone, Jorge Lopez Castroman, Carla Gramaglia, Miriam Iosue

(Expected) Publication date: 01/06/2026

Acknowledged as official Section publication? Yes

FUNDING IN 2025

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n.a.

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